

VERA

GRILL AND BAR

FIRST COURSE – A choice of

Choice of Dip (V)

taramasalata or hummus or tzatziki served with bread

Grilled Halloumi (GF)

grilled Cypriot cheese served with mixed leaves and sweet chilli dipping sauce

Halloumi Fritos (V) (GF)

served with sweet chilli dipping sauce

Aromatic Duck Spring Roll

served with sweet chilli dipping sauce

Calamari

salt & pepper squid marinated and fried to golden perfection, served with homemade tartar sauce

Garlic Mushrooms (V) (GFO)

sautéed mushrooms, double cream, salt, pepper, chives & butter with grilled sourdough bread

Bruschetta pomodoro (V) (GFO)

tomato, basil, mozzarella cheese, extra virgin olive oil, served with sliced grilled sourdough bread

Falafel (V) (VG)

spiced herb chick peas & broad bean fritters with sesame seeds served with hummus dip

Sucuk (GF)

served with mixed leaves

Buffalo Mozzarella (V)

served in a homemade tortilla bowl with cherry tomato, mixed leaves & truffle oil

Chicken wings (GF)

Choose between a marination of BBQ sauce or hot spicy buffalo sauce

SECOND COURSE – A choice of

Mix Grill (£2 supplement) (GFO)

chicken shish, lamb shish, chicken wings and lamb cutlets, served with chips or cracked bulgur wheat & salad

Chicken Shish (GFO)

marinated cubed chicken on skewers cooked slowly to perfection, served with chips or cracked bulgur wheat, and salad

Falafel bowl (V)

feta cheese, grilled mixed vegetables, mediterranean mixed olives, mixed salad, served with chips or cracked bulgur wheat

Jumbo Chicken wings (GF)

house marinated by our chefs to our secret recipe, chicken wings served with chips and salad.

Set Menu

2 Course MEAL £30 per person
with a choice of side

Mediterranean Sea Bass Fillet (GF)

pan-fried, specially seasoned with white wine, comes with beurre blanc sauce, served with grilled cherry tomato, asparagus, roasted baby potatoes and beurre blanc sauce

Sea food risotto (GF)

mixed seafood risotto, finished in napolitana sauce

Penne arrabiata (V)

penne with fresh chillies & chilli flakes with basil in napolitana sauce

Pollo funghi Risotto (V) (GFO)

sautéed mushroom selection, chicken, parmesan finished off in a creamy sauce

Wagyu Burger

8oz. Wagyu Burger patty served with lettuce, vine tomato, red onions, gherkins, monterrey jack cheese with aioli sauce

Californian Chicken Burger

chicken breast fillet, lettuce, vine tomatoes, red onions, monterrey jack cheese and aioli sauce

Sirloin Steak (£2 supplement) (GF)

lean, well flavoured and tender, recommended medium rare, served with grilled cherry tomato, parmesan French fries and Caesar salad
Sauces: peppercorn sauce, mushroom sauce

Vera's Seafood Platter (£2 supplement)

sea bass, tiger prawn, king prawns, calamari, mussels specially seasoned with white wine, served with grilled cherry tomato, asparagus, roasted baby potatoes and beurre blanc sauce

Lamb Moussaka

layered minced lamb with potatoes, aubergine, courgette, mixed peppers, onions in a homemade tomato & bechamel sauce topped with mozzarella cheese served with cracked bulgur wheat and salad

Vegetarian Moussaka (V)

potatoes, courgettes, eggplant, coloured pepper with homemade napolitana sauce, homemade bechamel sauce and mozzarella cheese, served with chips or cracked bulgur wheat & salad

Fettuccine Creamy Chicken Florentine

creamy sauce with spinach, red pepper, caramelised onions, chicken breast & butter

fettuccine alla bolognese

slow cooked beef ragu, bolognese style

Sides – A choice of

Asparagus - sautéed mushrooms - sautéed spinach - french fries - onion & tomato salad - caesar salad

(GF) GLUTEN FREE (GFO) GLUTEN FREE OPTION (VG) VEGAN (V) VEGETARIAN
Sweet potato supplement £1.50

If you have any allergies please inform your waiter - A 10% discretionary service charge will be added to your bill

www.veragrillandbar.uk